

## IF YOU . . . .

- \*Want to make positive changes in your life
- \*Need someone to talk to and really have him/her listen to you
- \*Have nowhere else to turn for help
- \*Need help dealing with school issues or getting back on track in class
- \*Need a safe place to stay or feel unsafe in your current living situation for any reason

## IF A YOUTH IN YOUR LIFE....

- \*Is running away
- \*Has truancy or school failure issues
- \*Is spending time with “the wrong crowd”
- \*Is experimenting with or has used tobacco, alcohol, or drugs
- \*Is angry or violent in the home or needs a safe place to stay

### Contact

## The Child and Family Counseling Program for Help Today

### Contact Us:

Child and Family Counseling Program  
Residential Program  
3191 Clay Mangum Lane  
Tampa, FL 33618  
TEL (813) 272-6606  
TEL (813) 264-3807, Ext. 53159  
FAX (813) 269-1370

Child and Family Counseling Program  
Non-Residential Program  
3191 Clay Mangum Lane  
Tampa, FL 33618  
TEL (813) 264-3807, Ext. 53108  
FAX (813) 269-1372



**Hillsborough  
County Florida**

Sponsored by The Florida Network of Youth and Family Services, Inc. and the State of Florida,  
Department of Juvenile Justice

Board of County Commissioners  
Division of Children's Services  
3191 Clay Mangum Lane, Tampa, FL 33618  
813-264-3807

[www.hillsboroughcounty.org/childrenservices](http://www.hillsboroughcounty.org/childrenservices)



**Hillsborough  
County Florida**

# Department of Children's Services

**Child and Family  
Counseling Program  
CINS/FINS Programs**



## **About Us**

The Hillsborough County Child and Family Counseling Program is here to meet the needs of the youth and families in our community through our contract with The Florida Network of Youth and Family Services to provide both Residential and Non-Residential CINS/FINS Services (Children in Need of Services/Families in Need of Services).

The Goal of both the Residential and Non-Residential Programs is to reduce juvenile crime while assisting, supporting and strengthening the youth and families in Hillsborough County.

The Mission of The Child and Family Counseling Program is to provide the highest quality care and treatment for the youth and families we serve every day.

## **Who We Serve**

### **Residential CINS/FINS Program**

\*Serves youth in Hillsborough County age 10-17 that have NOT been Adjudicated Delinquent by The Department of Juvenile Justice and that have NOT been Adjudicated Dependent by The Department of Children and Families. Eligibility for the program is based on youth meeting certain risk factor criteria or being in need of immediate safe housing. The Residential Program also assists Law Enforcement with youth that have run away from home from another county or state and are recovered in Hillsborough County.

\*The Residential CINS/FINS Program is also the Safe Place Provider for Hillsborough County and works with the National Runaway Switch Board to assist runaway youth from across the US.

### **Non-Residential CINS/FINS Program**

\*The Non-Residential CINS/FINS Program provides counseling services to youth age 6-17 who are residents of Hillsborough County that have NOT been Adjudicated Delinquent by The Department of Juvenile Justice and that have NOT been Adjudicated Dependent by The Department of Children and Families. Eligibility for the program is based on youth meeting certain risk factors.

## **Services We Offer**

### **Screening and Assessments**

\*Our Residential CINS/FINS Program is open 24 hours a day, 7 days a week to accept screenings for services over the phone. Our staff are here to answer your call and collect basic information, such as name, address, date of birth, etc. and to talk to you about the reason for your call and the issues the youth is experiencing to determine if he/she qualifies for the Residential Program.

If the youth is accepted into the Residential CINS/FINS Program, a Master's Level Counselor will spend the first counseling session getting to know the youth and gathering information to develop a workable treatment plan with goals to assist the youth and family on working through personal and family issues to help the youth gain success while in services and once the youth returns home.

\*Our Non-Residential CINS/FINS Program is available to accept screenings for services over the telephone Monday-Friday from 8 AM-5 PM. After-hours faxed referrals and voicemails are also accepted for follow-up the next business day.

If the youth is accepted into the Non-Residential CINS/FINS Program, a Master's Level Counselor will be assigned. During the first session, the counselor will talk to the youth to determine the difficulties the youth and family are experiencing and will determine the best way to assist the youth and family. The counselor will develop a workable treatment plan with goals to aid the youth and family through the counseling process.

### **Short-Term Residential Shelter**

\*Our Residential CINS/FINS Program offers a short-term shelter stay for youth age 10-17 who are experiencing difficulties in their home setting and need a break to get back on track. Examples of services offered in the Residential Program include: safe shelter, food, clothing, counseling, milieu services and support,

medical assessment, recreational and reward opportunities, community service opportunities, vocational and educational support and services from community providers.

The length of a youth's stay in the shelter varies by individual and is determined on a case-by-case basis, with an average length of stay of 14 days.

### **Counseling Services**

\*Our Residential CINS/FINS Program offers youth individual, family, and group counseling services from a Master's Level Counselor. The counseling services offered are tailored to meet the youth's individual needs and focus on areas such as anger management, problem resolution, reducing familial conflict and developing coping skills.

\*Our Non-Residential CINS/FINS Program offers youth and families individual and family counseling services from a Master's Level Counselor. These counseling services are offered in a variety of community-based locations throughout Hillsborough County. Counseling appointment times are available throughout the day and into evening hours to meet the needs of the youth and families served.

### **Case Management, Referral, and Case Staffing Services**

\*Our Residential CINS/FINS Program offers case management services to youth receiving shelter services. Examples of case management services offered include coordination with school personnel and linkage to community resources.

\*Both the Residential and Non-Residential CINS/FINS Programs offer referral services to outside community providers. Referrals for additional services are offered at the initiation of services and throughout the counseling process as needed.

\*Hillsborough County CINS/FINS can assist all families that qualify for case staffing services through the case staffing process. Please contact The Residential CINS/FINS Program for more information.

Spanish speaking counselors and staff are available.